



2016 – 2017

# STUDENT CLUBS & EXTRACURRICULAR ACTIVITIES

We are pleased to offer the following extra-curricular/after school clubs for our students this year!

Please review the descriptions and submit your child's sign-up form to the homeroom teacher by no later than Wednesday, 21 September 2016.

Meeting times are listed with each club/activity.

Prompt parental pick-up is requested and appreciated!

## CLUBS WILL MEET THE FOLLOWING WEEKS...

### FIRST TEN WEEKS

26 September

3 October

17 October

7 November

14 November

28 November

5 December

9 January

23 January

30 January

### SECOND TEN WEEKS

6 February

13 February

27 February

13 March

3 April

24 April

1 May

8 May

15 May

22 May

## MONDAY CLUBS

### Arts & Crafts – Miss Flynn – Grades T – 3 3:00PM – 4:00PM

Join Miss Flynn for some fun with Arts and Crafts! Students in Transitions through Third Grade will have the opportunity to use their creativity and imagination to create fine works of art and projects each week! Students will use a variety of materials to create projects and holiday themed decorations. All are welcome to join this fun, inspiring, and crafty club!

**Art Club – Mrs. Bednarek – Grades 4-8 3:00PM – 4:00PM**

This class will be an in depth drawing class. The students will explore- still life drawing, portrait drawing, drawing from reference and landscape drawing. They will learn technique as well as composition and lighting. They will use a variety of mediums to accomplish these projects. This club will give them a foundation to further their artistic abilities.

**Cardmaking Club – Ms. Hogan – Grades T-8 (club meets first ten weeks) 3:00PM – 4:00PM**

Hallmark™ watch out! Each week the students in this club will create handmade, themed cards for various occasions, utilizing the Cricut Expressions machine. They will design their cards according to the Cricut instruction booklet, or, they may apply their own designs. We will be making birthday, get well, thinking of you, and Christmas cards to mention a few.

**Club Innovation – Ms. Wetzel – Grades 2-5 (Club meets first ten weeks) and Grades 6-8 (Club meets second ten weeks) 3:00PM – 4:00PM**

Research suggests that the best learning occurs in an active environment providing hands-on, experiential opportunities. *Club Innovation* inspires student enrichment in science, technology, engineering, and math (S.T.E.M.) skills. Students will develop an understanding of basic physical science concepts by building structures and exploring machines and mechanisms according to their own grade level. *Club Innovation* accentuates student participation and interaction with peers, encourages teamwork, and develops problem solving skills. Lego™ Kits are used for this club based on grade level

**Model UN Club - Mr. DeGennaro – Grades 6-8 3:00PM – 4:00PM**

This club will prepare students to compete in the UNA-USA Model UN Conference, which is held in NYC at the end of March. Students will be introduced to the UN System, international relations, debating, researching countries and their positions, position paper and resolution writing, and public speaking. Students will develop their interpersonal skills so that they are able to interact with delegates from a wide variety of backgrounds and cultures, learn to compromise and come to a consensus to solve major international issues. They will also be exposed to topics such as globalization, international monetary lending, the role of the UN in the world, and parliamentary procedure. Anyone interested in joining will have to submit an application with a questionnaire and an essay (Does not apply to 2016 Model UN members). Club culminates with a three day conference held in New York City in late March. Additional fees are required.

## **WEDNESDAY CLUBS**

**Crochet Club – Ms. Wetzel – Grades 6-8 3:00PM – 4:00PM**

Students will learn how to crochet basic stitch patterns that will enable them to create a project based on their skill or experience level.

**Running Club- Mr. Ruebenacker – Grades T – 4 3:00PM – 4:00PM**

Promote a healthy lifestyle and increase self-esteem while having fun! This is also a great opportunity to train for our annual Reindeer Run in December! Learn how to warm-up before running, increase endurance and speed, and to properly stretch after a run.

**Origami Club – Miss Vianna – Grades 3-8 3:00PM – 4:00PM**

Students in this club will further their creative skills by making different types of origami. Some of the origami projects we will create are six-sided cubes, 12 sided geometry figures, balloons, birds, frogs, boats, hats, flowers, stars, and snowflakes. Students can also select other origamis that they want to create and will be helped through the process.

**TREP\$ - Ms. Spadaro – Grades 4-8 (Club meets second ten weeks) 3:00PM – 4:00PM**

The TREP\$ Program teaches students how to start their own businesses. They learn the lessons in the weekly workshops, and apply them at home as they build their business with the help of their families. The whole school community comes out to enjoy the TREP\$ Marketplace, where the young entrepreneurs launch their businesses together.

TREP\$ exposes students to the entrepreneurial skills needed to succeed in the new global climate, as well as helping to develop an entrepreneurial mindset at an early age. By providing practical experience in opportunity recognition, problem solving, innovation, and collaboration, TREP\$ is preparing the leaders of tomorrow.

In addition to experiencing small business ownership, students who participate in TREP\$ learn to make decisions and become empowered, learn leadership skills, gain confidence, have higher self-esteem, grasp how and why to behave professionally, practice social skills, and feel motivated to self-initiate.

## **THURSDAY CLUBS**

**Bridge – Sponsored by North Jersey Youth Bridge/Instructor: Susan Koster – Grades 4 – 8 3:00PM – 4:00PM**

Bridge is not a game just for adults – children and young adults are learning and enjoying the game today! It's fun and stimulating for the mind!

**Creative Writing Club – Mrs. Gall – Grades 2-5 (Club meets second ten weeks) 3:00PM – 4:00PM**

The Creative Writing Club is for students with a keen interest in writing who want to explore their creative sides! The sessions will consist of fun brainstorming activities that will promote development of interesting story elements. Students will do a variety of exercises designed to help them think outside of the box and get their creative juices flowing!

**Wide World of Sports – Mrs. Ricciardi – Grades T – 4 (Club meets first ten weeks) and Grades 5 – 8 (Club meets second ten weeks) 3:00PM – 4:00PM**

Wide World of Sports is a club that will expose students to various sports, skills, drills, rules, strategies, and sportsmanship. The club will take place outside the school, in the gym or in the classroom depending on weather, availability and topic of the day. Students should come with sneakers and athletic attire as requested.

## **FRIDAY CLUB**

### **Choir – Mrs. Carroll – Grades 1 – 8 7:45AM – 8:30AM**

Students will learn how to read various types of music for school Masses, Christmas and spring concerts, as well as additional repertoire for potential out-of-school opportunities. These opportunities will be based on student interest and availability, and could include venues such as American Young Voices, Music in the Parks, local senior centers, and special AMBS events.

## **SPECIAL CLUBS**

### **Student Council – Mr. DeGennaro – Grades 4-8 (Club meets at lunch time and possible other after school times)**

4<sup>th</sup> – 8<sup>th</sup> graders are eligible to run for Class Representatives

6-8<sup>th</sup> graders are eligible to serve as Secretary and Treasurer

8<sup>th</sup> graders are eligible to serve as President and Vice President

The Student Council is a student elected assembly that represents the students of AMBS. Student Council members actively participate in school wide events throughout the year. Meetings will be held during lunch and recess every other Wednesday for class representatives and every week for executive board members. Occasional after school meetings and involvement in school events that are held on the weekend and evenings are required.

Student Council speeches and elections will be held on 9/30/16.

### **Spring Musical – Mrs. Carroll – Grades K – 8**

The Academy of the Most Blessed Sacrament will be having our spring musical on Thursday & Friday evenings, 16 & 17 March 2017. [Please note this is a calendar change due to a recently revealed conflict with the original dates and Model UN.] There will be auditions and a rehearsal schedule published in the fall, along with information for parents and students. SIGN-UP IS NOT REQUIRED AT THIS TIME! Participation in the spring musical may conflict with other clubs; however, this should not prevent participation in our other club offerings.

### **TGA Premier Golf – Grades T – 6 – Advertised Tuesdays 3:00PM – 4:00PM**

For further information and to sign-up, visit [bergencounty.playtga.com](http://bergencounty.playtga.com)

### **TGA Premier Tennis – Grades T – 6 – Advertised Wednesdays 3:00PM – 4:00PM**

For further information and to sign-up, visit [bergencounty.playtga.com](http://bergencounty.playtga.com)

### **Musical Collaborations - All grades – Various dates and times**

*Musical Collaborations* provides private and small group lessons to the AMBS community. Energetic and engaging faculty work to create a challenging learning environment while nurturing the creativity and imagination of each student. New students are always welcome. Visit [musicalcollaborations.org](http://musicalcollaborations.org) for more information or to register.



# 2016 – 2017

## STUDENT CLUBS

Please return by Wednesday, 21 September 2016

Student: \_\_\_\_\_

Grade: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

My child would like to participate in the following clubs: (Please be aware that clubs selected cannot conflict with each other and must be for the appropriate grade/age level.)

### Monday Clubs

- Arts & Crafts*                       *Art Club*                       *Cardmaking Club*
- Club Innovation – Grades 2-5*                       *Club Innovation – Grades 6-8*

### Wednesday Clubs

- Crochet Club*                       *Running Club*
- Origami Club*                       *TREP\$*

### Thursday Clubs

- Bridge*                       *Creative Writing*                       *Wide World of Sports – Grades T-4*
- Wide World of Sports – Grades 5-8*

### Friday Club

- Choir*