

Academy of the Most Blessed Sacrament Alumna Spotlight

May 2022

Amanda Benneh

Amanda Benneh, a 10th grader at Choate Rosemary Hall in Wallingford, CT, is our Alumna Spotlight. At AMBS, Amanda served as Head of Xavier House, Student Council President, and National Junior Honor Society President. She was also an Altar Server, participated in Model United Nations and CYO Basketball. Amanda received the Sacraments of First Reconciliation, First Holy Communion and Confirmation at Most Blessed Sacrament Church.

Amanda has continued her exceptional commitment to excellence at her high school. She serves as Sophomore Class President, Secretary of Choate Biology Club, Junior Officer of STEP Dance Squad and as a member of the Choate Psychology Club. She also serves as Vice-President of Girl Up Choate, an organization aimed to advocate, raise awareness, and fundraise for girls' empowerment around the world.

Not only has Amanda been awarded Dean's List all terms, but she has also attended the Georgetown University Medical Research Pre-College Program as well as received the Frances Burton Chaffee and Alfred A. Cook Prize for demonstrating sound character, academic dedication, and enthusiastic engagement in multiple areas of school life. Amanda was recently accepted into the Choate Science Research Program. SRP is a rigorous, four-term program designed to give students the experience of a professional research scientist. The program includes a ten-week summer university lab internship to learn how to dissect scientific literature, design experiments, and write scientific reports. To get into the program, the requirements include taking rigorous science courses, writing an in-depth and detailed scientific review article on your research of choice, and interviewing with the head of the program. Amanda's future professional goal is to attend medical school and become an anesthesiologist.

Congratulations Amanda on all your amazing accomplishments! We are so proud to have you as an Alumna of the Academy of the Most Blessed Sacrament and wish you continued success in all your endeavors.

